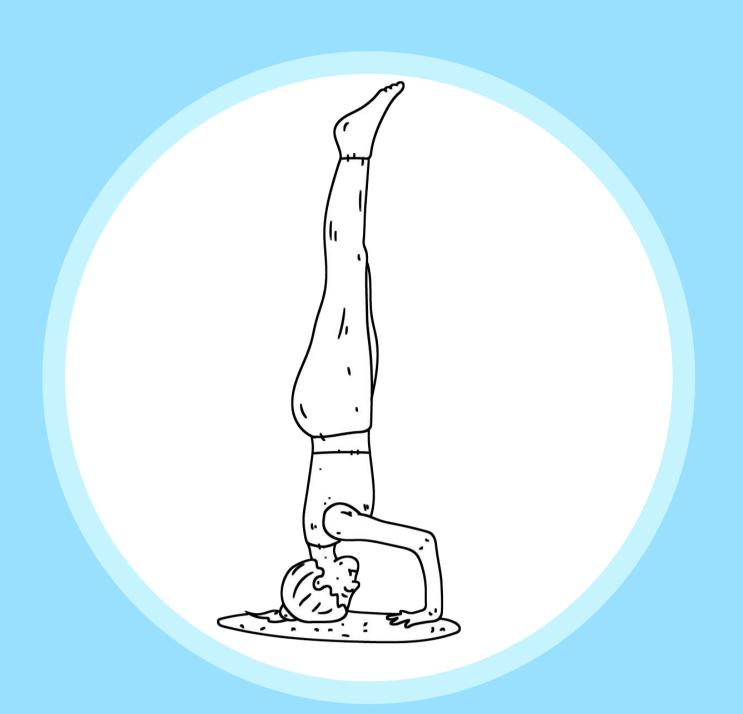
## Eyes (p. 1 of 4)



Sirsasana (head stand)



Sarvāngāsana (shoulder stand)



Uttānāsana (forward fold)



Paschimottānāsana (staff)



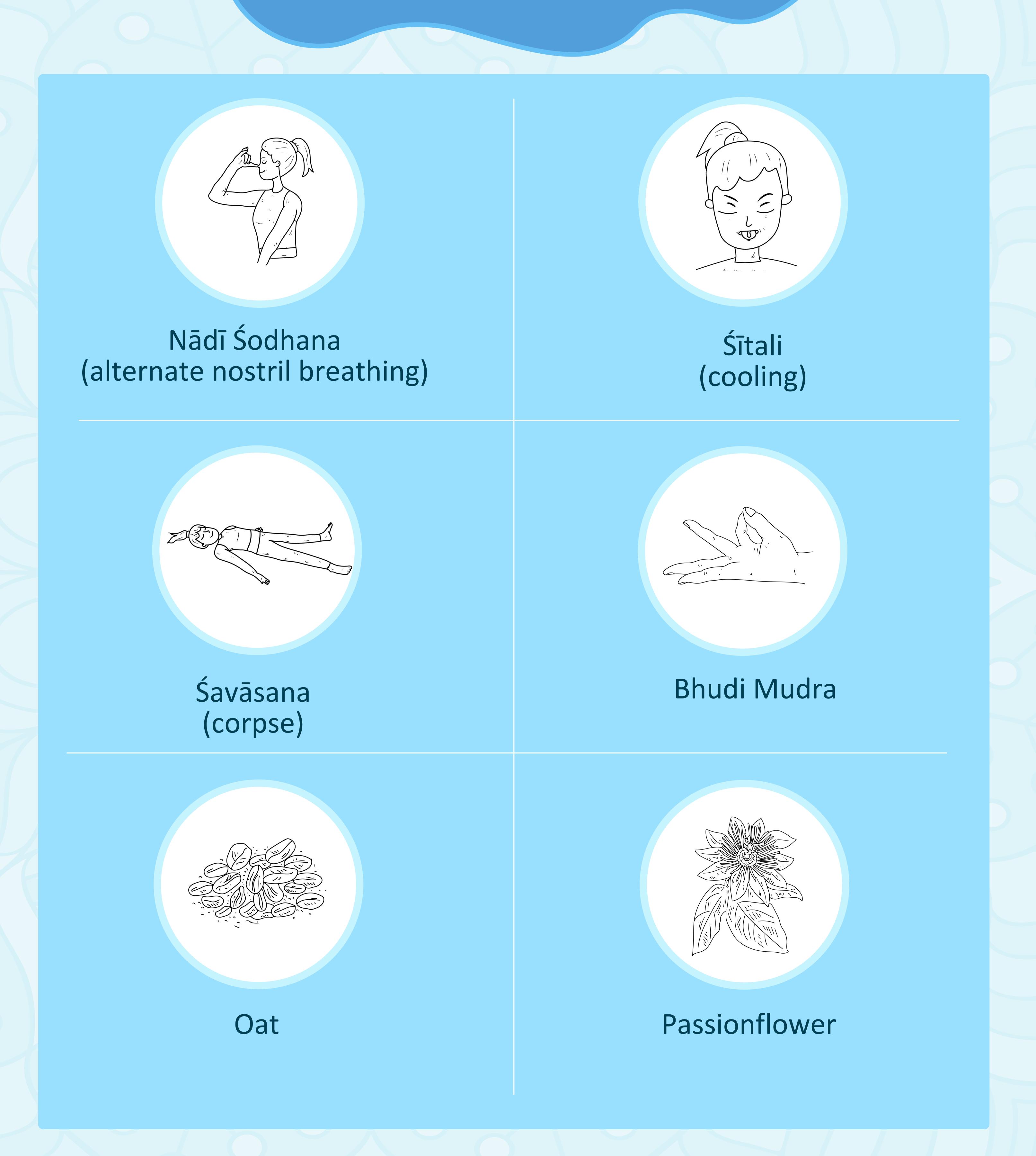
Trāṭaka (fire gaze)



Śanmukhi Mudra (six mouths)

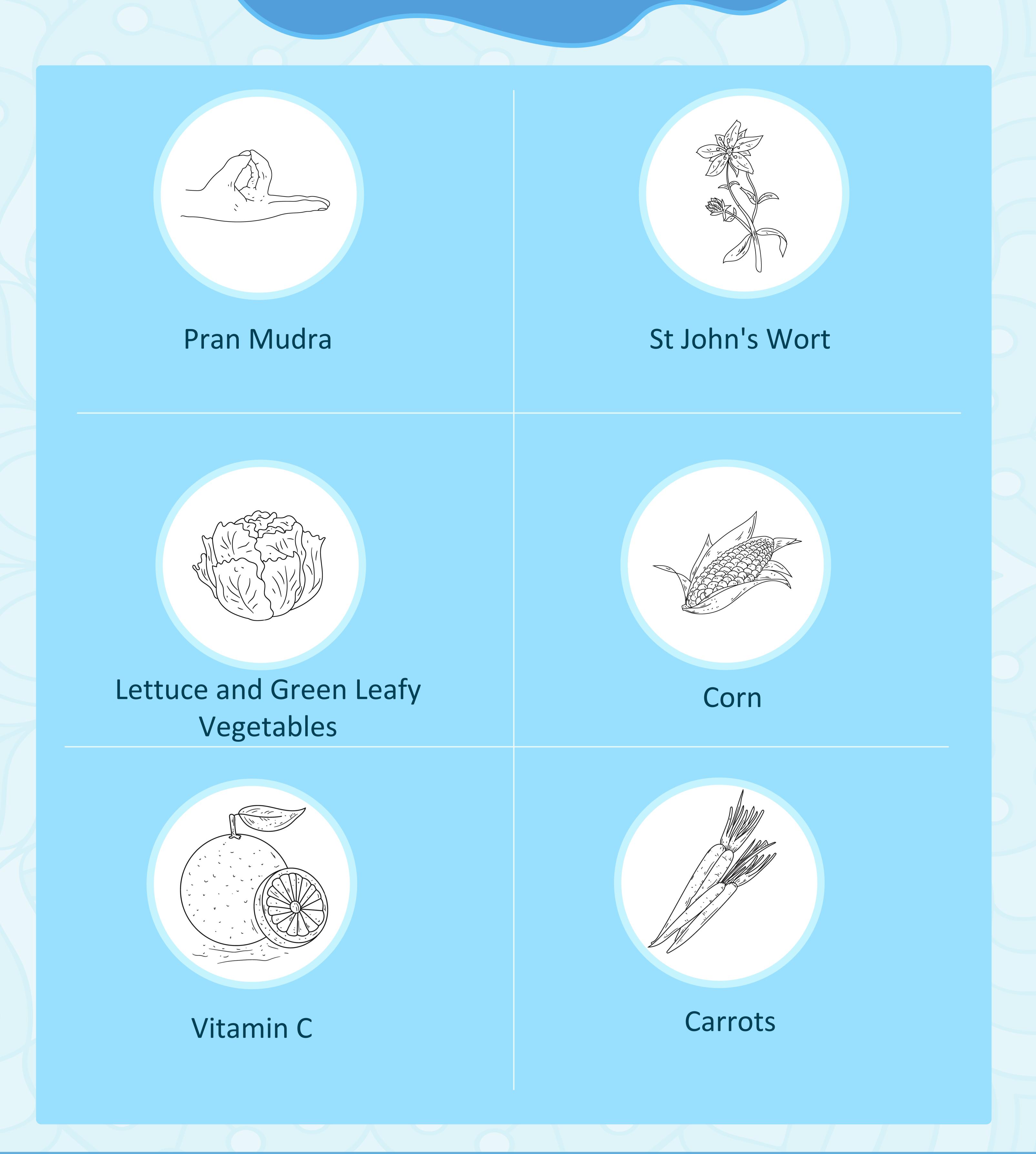
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## Eyes (p. 2 of 4)



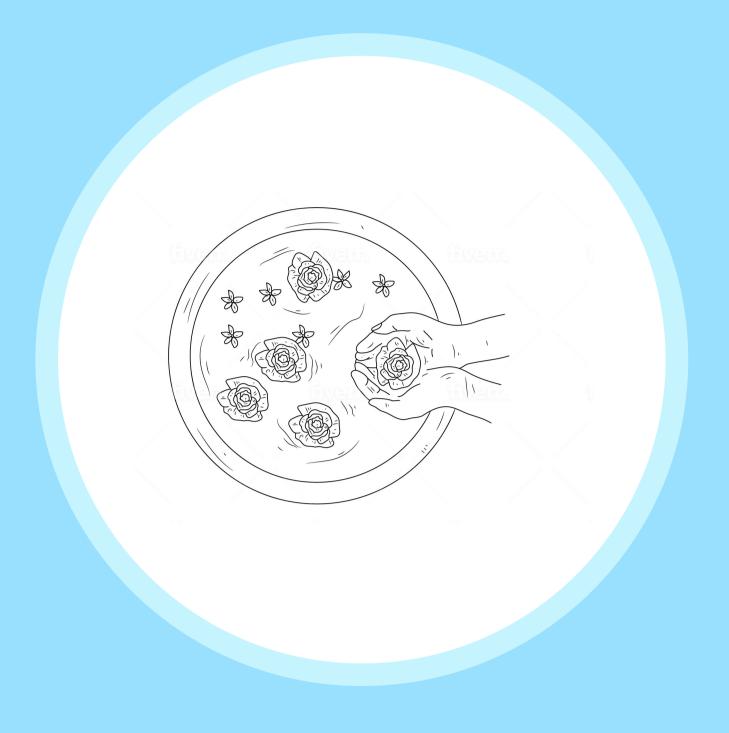
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## Eyes (p. 3 of 4)



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## Eyes (p. 4 of 4)



Wash Face with Rose Water

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